

THE NEW YORK FOUNDLING

The New York Foundling's

Program for Kids Experiencing Young Successes (KEYS)

An evidence-based, family-oriented program that works to prevent teenagers from entering the juvenile justice system or long-term foster care placement.

The New York Foundling's KEYS program works with young people ages 6-17 and their families to assess their home life, friendships, community, and triggers that may contribute to at-risk behavior.

Working together over a period of about four months, our team partners with families to address these challenges head-on, using the following proven, evidence-based models: Multisystemic Therapy - Substance Abuse (MST-SA), Brief Strategic Family Therapy (BSFT), and Functional Family Therapy (FFT).

OUR TREATMENT MODELS

Brief Strategic Family Therapy (available in Manhattan, Staten Island, and the Bronx) Serving ages 6-17	BSFT is a short-term structured, problem-focused, directive, and practical model that works to reduce a young person's behavior problems, while strengthening the entire family. Therapists provide interventions and tools to improve family dynamics, improving parent/child interactions, communication, and problem-solving skills as a whole.
Functional Family Therapy (available in Brooklyn) Serving ages 11-17	FFT is an evidence-based model designed to address youth behavioral issues. Therapists meet with the whole family, and take an intense 3-phase approach that identifies negative patterns and works together with the family to address them. Ultimately, the family breaks these cycles and learns skills for long-lasting success.
Multisystemic Therapy - Substance Abuse (available in the Bronx) Serving ages 12-17	MST-SA is an intensive program targeting adolescents with a history of substance use. Therapists assess the family and social networks to identify areas to address, train caregivers on providing incentives for positive behavior, and set the groundwork for long-term change.

BENEFITS OF SERVICES

- Free weekly services for the whole family.
- Convenient in-home sessions, scheduled around the household's availability and needs.
- Additional support provided via phone.

FAMILY ELIGIBLITY

- Family must include a young person who is exhibiting behavioral concerns (truancy, verbal/physical aggression, drug use, etc.) and meets the age criteria for the treatment model (as noted above)
- Live in Manhattan, Brooklyn, Staten Island, or the Bronx.
- Not have an open case with the Administration of Children's Services.

GETTING STARTED

- Contact The Foundling's KEYS program through email or by filling out the online form. A staff member will explain the process and will access your family's eligibility for the program.
- Depending on the needs of the family and initial assessments, Foundling staff will connect the family with a KEYS therapist.
- Treatment sessions are provided in the home, scheduled at convenient times for the entire family.

CONTACT US

Reach out to begin services in Manhattan, Staten Island, Brooklyn, or The Bronx:

Email us at KEYS@NYFoundling.org, or scan the QR code to complete our online form: