



BRONX PROGRAMS & SERVICES

For Children and Families



IN-HOME FAMILY THERAPY AND SUPPORT (PREVENTION PROGRAMS)

We offer an array of programs that provide **free evidence-based family therapy, counseling, coaching, and case management** to support Bronx parents, caregivers, and children.



Interested in learning more or signing up?

Call us at 212-633-9300 or scan the QR Code to complete our interest form:

Strengthening our Families

Mobility Mentoring (Evidence-Informed Model)

Provides families with coaching and resources to promote self-sufficiency, including help creating healthy structures, assistance accessing services, and tools to maintain financial stability.

Ages Served:

Families with children 0-17; up to 21 for foster care

Frequency & Duration:

2x monthly for 8-12 months

Languages Available:

English & Spanish; or interpreter

Partners for Change: Deaf Services

Functional Family Therapy - Therapeutic Case Management (FFT-TCM)

Provides in-home family therapy and case management, in American Sign Language, designed to strengthen families who have at least one Deaf or Hard of Hearing family member.

Ages Served:

Families with children 0-17; up to 21 for foster care

Frequency & Duration:

1x weekly for 5-7 months

Languages Available:

American Sign Language (ASL); or interpreter

Kids Experiencing Young Successes

Multisystemic Therapy - Substance Abuse (MST-SA)

Provides intensive family therapy to assist young people exhibiting concerns including substance use. Working with the whole family, tools are shared to set the groundwork for long-term change.

Ages Served:

Families with children 12-17

Frequency & Duration:

2x weekly for 3-4 months

Languages Available:

English & Spanish; or interpreter

Kids Experiencing Young Successes

Brief Strategic Family Therapy (BSFT)

Provides a Family Therapist & Employment/Education Specialist to decrease the behaviors of at-risk youth, such as associations with antisocial peers, drug use, and corresponding family challenges.

Ages Served:

Families with children 6-17

Frequency & Duration:

1x weekly for 3-5 months

Languages Available:

English & Spanish; or interpreter



PEDIATRIC HEALTH CARE

Our clinic, located in Mott Haven at 170 Brown Place, provides **medical care to young people ages 0-21 in the community**. Medicaid, Medicaid Managed Care, and most private insurances are accepted.

For appointments, 917-485-7140 or bxmedical@nyfoundling.org

STRONG FATHERHOOD NETWORK

Provides fathers with **parenting training, peer support groups, coaching, and other resources** to improve their family relationships.

For more info, email StrongFatherhood@nyfoundling.org



EDUCATION SERVICES

We operate **Haven Academy**, a Pre-K to 8th grade charter school in Mott Haven, which utilizes a trauma-sensitive curriculum. Our **Road to Success** program offers one-on-one tutoring to K-12 students in foster care and our family support programs. The **College Choice** program supports college students in care with academic, financial, and career needs.

For more info, email Info@havenacademy.org, RoadtoSuccess@NYFoundling.org, or FCSI@NYFoundling.org

ADOLESCENT MENTORING PROGRAM

Provides structured mentoring and advocacy, tutoring/homework assistance, college prep, and life skills training to at-risk adolescents ages 12-21.

For more info, email AMP@NYFoundling.org

ADOLESCENT HEALTH EDUCATION INITIATIVE

Provides **comprehensive, evidence-based, age-appropriate sexual health education and resources** to young people ages 11-18.

For more info, email AHEI@NYFoundling.org

CHILD ABUSE PREVENTION PROGRAM

Provides **school staff training, child safety workshops for students, and parenting workshops** - all to help recognize, resist, and report child abuse.

For more info, email CAPP@NYFoundling.org

SCHOOL BASED MENTAL HEALTH

We partner with 2 NYC public schools in the Bronx, working with students, staff, and families to identify and assist those in need.

For more info, email SBMH@NYFoundling.org



BRONX PROGRAMS & SERVICES

For People with Developmental Disabilities

Our programs for people with developmental disabilities take a person-centered approach, weaving together tailored solutions so each person can live their best life. Our programs provide the opportunity for them to choose where and how they live, form meaningful relationships, explore employment, engage in their communities, and maintain good health. **The Foundling offers residential, day, community, and employment programs for people with developmental disabilities in the Bronx.**



RESIDENTIAL SERVICES

The Foundling operates residences for adults, with options for varying support needs - from 24/7 staffed homes to independent apartments in the community. Our person-centered approach helps achieve meaningful outcomes, as our staff works with each resident to promote independence, teach daily-living skills and self-advocacy, and practice effective communication. Each person is supported by a team of trained staff, including Direct Support Professionals, Nurses, Behavioral Specialists, and our Nutrition and Program Quality Teams.



DAY HABILITATION

The Foundling's Day Habilitation program provides structured activities for adults in a fun group setting, allowing them to develop social, interpersonal, communication, work, and problem solving skills. We operate a community-based Without Walls (WOW) program at our Bronx at 501 Southern Blvd, which offers participants the ability to integrate into the neighborhood through person-centered activities that are based on their own wants and needs - from outings to parks, volunteer days at local organizations, and more.



COMMUNITY HABILITATION

The Foundling's Community Habilitation program provides skills training to assist children and adults in maximizing their potential for independence. A trained Foundling specialist works with each participant through one-on-one sessions in their homes or surrounding community. Together, they work to meet goals set by the participant and their family. This can include social skill development, community inclusion and relationship building, practice with activities of daily living, and educational assistance.



EMPLOYMENT SERVICES

The Foundling's Employment Services program supports adults with developing career skills and interests, obtaining work experience, and securing and maintaining paid employment. Foundling job coaches provide a continuum of care, providing hands-on guidance and support through every step of the job-seeking process.

INTERESTED IN LEARNING MORE?

Contact our Information & Referral Team:

Email: ddinfo@NYFoundling.org
Phone: 212-886-4020

Scan the QR code to visit us online:



The Foundling has been accredited by The Council on Quality and Leadership (CQL) - demonstrating a high standard of care and service delivery.



REFERRALS

Participants are typically referred by:

- Office for People with Developmental Disabilities (OPWDD)
- Care Coordinators
- Families
- Medical Providers
- Community Providers

ELIGIBILITY

Participants in our programs:

- Must be 18+ years of age (or 5+ years of age for Community Habilitation)
- Must meet Office for People with Developmental Disabilities (OPWDD) and Medicaid eligibility requirements