



The New York Foundling's family support programs provide **in-home services to support families in their communities, promote family stability and well-being, and prevent entry into the foster care system.**

Our Preventive Programs address a range of family needs, and our Clinicians and Case Aides work in partnership with families as they make long-lasting and meaningful changes through case management and clinical interventions. In addition, families are supported with assistance securing benefits, locating community resources, and more.

Our Family Assessment Planning (FAP) services are a PINS (Person in Need of Supervision) diversion intervention. A family therapist and an Employment/Education Specialist supports the family with school, employment, and other needs.

MANHATTAN-BASED PREVENTIVE PROGRAMS

Strengthening, Teaching, and Educating People Through Support

Evidence-Based Model:
Functional Family Therapy (FFT)

Provides in-home family therapy and case management support designed to improve parent-child relationships, resolve behavioral issues and strengthen family dynamics.

Ages Served:

Families with children 11-17; up to 21 for youth exiting foster care

Frequency & Duration:

1x weekly for 3-5 months

Languages Available:

English and Spanish; interpreter available for other languages

Partners for Change: Deaf Services

Evidence-Based Model:
Functional Family Therapy - Therapeutic Case Management (FFT-TCM)

Provides in-home family therapy and case management support, in American Sign Language, designed to connect family to resources, improve parent-child relationships, resolve behavioral issues, and strengthen family dynamics within families who have at least one Deaf or Hard of Hearing family member.

Ages Served:

Families with children 0-17; up to 21 for youth exiting foster care

Frequency & Duration:

1x weekly for 5-7 months

Languages Available:

American Sign Language (ASL); interpreter available for other languages

Families are Stronger Together

Evidence-Based Model:
Multisystemic Therapy Prevention (MST-PRV)

Provides in-home/community family therapy, assisting caregivers in helping their children live safely in the community, attend school and achieve vocational goals, and develop prosocial behaviors.

Ages Served:

Families with children 10-17

Frequency & Duration:

2x weekly for 4-8 months

Languages Available:

English and Spanish; interpreter available for other languages

Improving Family Systems

Evidence-Informed Model:
Brief Strategic Family Therapy (BSFT)

Provides structured family therapy and case management support to decrease the behaviors of at-risk youth, such as associations with antisocial peers, drug use, and corresponding family challenges.

Ages Served:

Families with children 6-17; up to 21 for youth exiting foster care

Frequency & Duration:

1x weekly for 3-5 months

Languages Available:

English, Spanish, and Creole only

MANHATTAN-BASED FAP PROGRAM

Kids Experiencing Young Successes

Evidence-Based Model:
Brief Strategic Family Therapy (BSFT)

Provides families with a Family Therapist and an Employment/Education Specialist to decrease the behaviors of at-risk youth, such as associations with antisocial peers, drug use, and corresponding family challenges.

Ages Served:

Families with children 10-17

Frequency & Duration:

1x weekly for 3-5 months

Languages Available:

English and Spanish only

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BROOKLYN-BASED PREVENTIVE PROGRAMS

Improving Family Systems

Evidence-Informed Model:
Brief Strategic Family Therapy (BSFT)

Provides structured family therapy and case management support to decrease the behaviors of at-risk youth, such as associations with antisocial peers, drug use, and corresponding family challenges.

Ages Served:

Families with children 6-17; up to 21 for youth exiting foster care

Frequency & Duration:

1x weekly for 3-5 months

Languages Available:

English, Spanish, and Creole only

Partners for Change

Evidence-Based Model:
**Functional Family Therapy -
Therapeutic Case Management (FFT-TCM)**

Provides in-home family therapy and case management support designed to connect families to resources, improve parent-child relationships, resolve behavioral issues, and strengthen family dynamics. The family is assigned a therapist or interventionist, based on the family's need.

Additionally, our city-wide FFT-TCM Deaf Services program is available for families that have at least one Deaf or Hard of Hearing member, which includes therapists proficient in American Sign Language and other relevant services and support.

Ages Served:

Families with children 0-17; up to 21 for youth exiting foster care

Frequency & Duration:

1x weekly for 5-7 months

Languages Available:

English, Spanish, Mandarin, Arabic, and American Sign Language (ASL); interpreter available for other languages

BROOKLYN-BASED FAP PROGRAM

Kids Experiencing Young Successes

Evidence-Based Model: Functional Family Therapy (FFT)

Provides in-home family therapy and case management support using a 3 phase approach to address youth behavioral issues and assess the home life, friendships, community, and triggers that may contribute to at-risk behavior.

Ages Served:

Families with children 11-17

Frequency & Duration:

1x weekly for 4-6 months

Languages Available:

English & Spanish; interpreter available for other languages

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Queens Free Home Based Family Support & Therapy (Preventive Programs)



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QUEENS-BASED PREVENTIVE PROGRAMS

Strengthening, Teaching, and Educating People Through Support

Evidence-Based Model:
Functional Family Therapy (FFT)

Provides in-home family therapy and case management support designed to improve parent-child relationships, resolve behavioral issues and strengthen family dynamics.

Ages Served:

Families with children 11-17; up to 21 for youth exiting foster care

Frequency & Duration:

1x weekly for 3-5 months

Languages Available:

English and Spanish, interpreter available for other languages

Partners for Change

Evidence-Based Model:
Functional Family Therapy - Therapeutic Case Management (FFT-TCM)

Provides in-home family therapy and case management support designed to connect families to resources, improve parent-child relationships, resolve behavioral issues, and strengthen family dynamics. The family is assigned a therapist or interventionist, based on the family’s need.

Additionally, our city-wide FFT-TCM Deaf Services program is available for families that have at least one Deaf or Hard of Hearing member, which includes therapists proficient in American Sign Language and other relevant services and support.

Ages Served:

Families with children 0-17; up to 21 for youth exiting foster care

Frequency & Duration:

1x weekly for 5-7 months

Languages Available:

English, Spanish, Hindi, and American Sign Language (ASL); interpreter available for other languages

Families are Stronger Together

Evidence-Based Model:
Multisystemic Therapy Prevention (MST-PRV)

Provides in-home/community family therapy, assisting caregivers in helping their children live safely in the community, attend school and achieve vocational goals, and develop prosocial behaviors.

Ages Served:

Families with children 10-17

Frequency & Duration:

2x weekly for 4-8 months

Languages Available:

English; interpreter available for other languages

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Bronx Free Home Based Family Support & Therapy

(Preventive & Family Assessment Planning [FAP] Programs)



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BRONX-BASED PREVENTIVE PROGRAMS

Strengthening our Families

Evidence-Informed Model:
Mobility Mentoring

Provides families with a Coach that connects families to community resources and helps them improve their skills in five areas: family stability, well-being, education/training, career advisement and financial management through goal setting. Families receive incentives for each goal met such as gift cards or movie tickets to support family bonding.

Ages Served:

Families with children 0-17; up to 21 for youth exiting foster care

Frequency & Duration:

2x monthly for 8-12 months

Languages Available:

English & Spanish; interpreter available for other languages

Partners for Change: Deaf Services

Evidence-Based Model:
Functional Family Therapy - Therapeutic Case Management (FFT-TCM)

Provides in-home family therapy and case management support, in American Sign Language, designed to connect family to resources, improve parent-child relationships, resolve behavioral issues, and strengthen family dynamics within families who have at least one Deaf or Hard of Hearing family member.

Ages Served:

Families with children 0-17; up to 21 for youth exiting foster care

Frequency & Duration:

1x weekly for 5-7 months

Languages Available:

American Sign Language (ASL); interpreter available for other languages

BRONX-BASED FAP PROGRAMS

Kids Experiencing Young Successes

Evidence-Based Model:
Brief Strategic Family Therapy (BSFT)

Provides families with a Family Therapist and an Employment/Education Specialist to decrease the behaviors of at-risk youth, such as associations with antisocial peers, drug use, and corresponding family challenges.

Ages Served:

Families with children 10-17

Frequency & Duration:

1x weekly for 3-5 months

Languages Available:

English & Spanish only

Kids Experiencing Young Successes

Evidence-Based Model:
Multisystemic Therapy - Substance Abuse (MST-SA)

An intensive family & community-based program for youth exhibiting behavioral concerns, including but not limited to substance use. A therapist assesses family/social networks, trains caregivers on giving incentives for positive behavior, and sets the groundwork for long-term change.

Ages Served:

Families with children 12-17

Frequency & Duration:

2x weekly for 3-4 months

Languages Available:

English & Spanish; interpreter available for other languages

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STATEN ISLAND-BASED PREVENTIVE PROGRAMS

Strengthening, Teaching, and Educating People Through Support

Evidence-Based Model:
Functional Family Therapy (FFT)

Provides in-home family therapy and case management support designed to improve parent-child relationships, resolve behavioral issues and strengthen family dynamics.

Ages Served:

Families with children 11-18; up to 21 for youth exiting foster care

Frequency & Duration:

1x weekly for 3-5 months

Languages Available:

English, Spanish & Mandarin; interpreter available for other languages

Partners for Change: Deaf Services

Evidence-Based Model:
Functional Family Therapy - Therapeutic Case Management (FFT-TCM)

Provides in-home family therapy and case management support, in American Sign Language, designed to connect family to resources, improve parent-child relationships, resolve behavioral issues, and strengthen family dynamics within families who have at least one Deaf or Hard of Hearing family member.

Ages Served:

Families with children 0-17; up to 21 for youth exiting foster care

Frequency & Duration:

1x weekly for 5-7 months

Languages Available:

American Sign Language (ASL); interpreter available for other languages

Families are Stronger Together

Evidence-Based Model:
Multisystemic Therapy Prevention (MST-PRV)

Provides in-home/community family therapy, assisting caregivers in helping their children live safely in the community, attend school and achieve vocational goals, and develop prosocial behaviors.

Ages Served:

Families with children 10-17

Frequency & Duration:

2x weekly for 4-8 months

Languages Available:

English; interpreter available for other languages

STATEN ISLAND-BASED FAP PROGRAM

Kids Experiencing Young Successes

Evidence-Based Model: Brief Strategic Family Therapy (BSFT)

Provides families with a Family Therapist and an Employment/Education Specialist to decrease the behaviors of at-risk youth, such as associations with antisocial peers, drug use, and corresponding family challenges.

Ages Served:

Families with children 10-17

Frequency & Duration:

1x weekly for 3-5 months

Languages Available:

English only

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