



Become a Respite Caregiver in The New York Foundling's Families United Program

Provide short-term respite care and evidence-based therapeutic intervention for young people ages 7-17

The Families United Respite Program offers short-term, trauma-informed support to families navigating crisis and youth behavioral challenges. When a child's behavior becomes especially challenging, families often need a moment to regroup and receive support. The program places young people ages 7-17 in a safe, nurturing respite home for up to 30 days, while the entire family engages in meaningful, evidence-based therapeutic services. A dedicated team supports each participant, with a focus on emotional regulation, family healing, and successful reunification.

Respite Caregivers play a vital role by offering daily care, supporting school attendance and transportation, and participating in weekly GenPTMO parenting sessions. It's a powerful opportunity to help families stay together and make a lasting impact in your community.

ELIGIBILITY & PROCESS

Respite caregivers must meet our foster parent criteria:

- Must be at least 21 years old
- Must have a steady income (may include SSI, public assistance, pensions. Unemployment benefits do not apply.)
- Must live in New York City, and have an apartment/residence in own name
- Be in good physical condition and be physically able to care for foster children

Respite caregivers must then become certified foster parents:

- Attend an orientation
- Complete an application
- Complete our background check and child abuse clearance form, as well as get fingerprinted (required for everyone 18 years of age living in the home)
- Schedule a home visit
- Complete training and workshops
- Participate in a home study
- Provide current medical records and other supplemental documents

RESPITE CAREGIVERS WILL:

- Make their homes available to youth ages 7-17 in crisis, for up to 30 days. They will host only one young person at a time to ensure focused care and safety
- Provide daily care, attend appointments, support school attendance/transportation, address health needs, and promote emotional growth
- Participate in daily check-ins with program staff (24/7 support is available)
- Support the young person in home-based treatment: 1-2 in-home sessions per week with a Social Worker, Family Therapist, and Youth Advocate
- Implement the GenPTMO parenting model in the home, and attend weekly GenPTMO hybrid/in-person training sessions (6-week on, 2-week-off cycle)

BENEFITS AND SUPPORTS

- Respite caregivers receive a monthly stipend (\$80 a day when a child is in the home, \$25 a day when a child is not in the home after first successful placement)
- Access to phone support and a committed team of Foundling professionals that will work with respite caregiver to help promote the child's well-being and development

INTERESTED IN BECOMING A RESPITE CAREGIVER?

Get started - scan the QR code to complete our inquiry form!
Questions? Contact FamilyRespite@NYFoundling.org

