



Become a Respite Caregiver in The New York Foundling's Family Respite Care Program

Provide **short-term respite care** and **evidence-based therapeutic intervention** for young people ages 7-17

The Foundling's Family Respite Care program offers short-term support and interventions to families across all five boroughs of New York City. When a child's behaviors become especially challenging, families often need a moment to regroup and receive support. The program provides a safe, nurturing home for the child for up to 30 days, while the entire family engages in meaningful, evidence-based therapeutic support. During this time, children and families work with two proven treatment models (**GenPMTO** and **Solution-Focused Brief Therapy**) to address immediate concerns, strengthen relationships, and build a foundation for a more positive future together.

We are excited to launch this program this summer – and we're looking for compassionate, committed respite caregivers. By opening your heart and home, you can make a lasting difference and help families move forward.

ELIGIBILITY & PROCESS

Respite caregivers must meet our foster parent criteria:

- Must be at least 21 years old
- Must have a steady income (may include SSI, public assistance, pensions. Unemployment benefits do not apply.)
- Must live in New York City, and have an apartment/residence in own name
- Be in good physical condition and be physically able to care for foster children

Respite caregivers must then become certified foster parents:

- Attend an orientation
- Complete an application
- Complete our background check and child abuse clearance form, as well as get fingerprinted (required for everyone 18 years of age living in the home)
- Schedule a home visit
- Complete training and workshops
- Participate in a home study
- Provide current medical records and other supplemental documents

HOW IT WORKS

- Respite caregivers will make their homes available to young people ages 7-17 in crisis, for a short-term period (0-30 days)
- When a child is in the home, respite caregivers are responsible for day-to-day caretaking, school attendance, transportation, ensuring that they attend all necessary appointments, and are available for home-based treatment
- Respite caregivers will utilize the GenPMTO model in the home, and are expected to participate in a weekly GenPMTO hybrid/in-person session to reinforce skills and practice

BENEFITS AND SUPPORTS

- Respite caregivers receive a monthly stipend (\$80 a day when a child is in the home, \$25 a day when a child is not in the home after first successful placement)
- Access to phone support and a committed team of Foundling professionals that will work with respite caregiver to help promote the child's well-being and development

GET STARTED

Contact us at FamilyRespite@NYFoundling.org or 212-633-9300 to apply.