

ABOUT THE FOUNDLING'S SUPPORTIVE HOUSING PROGRAM

When young people age out of foster care in New York City, many face obstacles finding housing, securing employment, completing school, and having a support system to guide them forward. Young adults living in homeless shelters often encounter similar difficulties.

The Foundling's Supportive Housing Program creates positive pathways for young adults by providing safe and stable housing accommodations that offers the guidance, mentorship, and support to thrive and work toward long-term independence and success.

Participants are housed in affordable and fully furnished apartments in Brooklyn and Manhattan and are paired with Foundling staff who provide guidance in setting and achieving financial, academic, and vocational goals. Young people enjoy a vibrant and uplifting community of peers, and are assisted by The Foundling as they achieve the independence to fully transition into the community.

"Transitioning out of foster care was an opportunity to show how independent I've always been. The Foundling's Supportive Housing program offered a strong foundation to achieve my goals."

- Denisha S., Program Participant



The New York Foundling

Since our bold beginnings in 1869, The New York Foundling has supported hundreds of thousands of our neighbors on their own paths to stability, strength, and independence. With an internationally-recognized and interrelated set of research-backed services, The Foundling works in partnership with children, families, and adults in New York and in Puerto Rico who are working to create transformational change in their own lives.



The New York Foundling

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The New York Foundling's Supportive Housing Program

ESSHI



Offering pathways to independence to young people aging out of foster care or experiencing homelessness.



ELIGIBILITY

The Supportive Housing program is open to **young adults ages 18-26** that have a **history in foster care and/or chronic homelessness**. Eligible applicants must also meet income requirements* or be a full-time college student in care.

INCOME REQUIREMENTS

Vital Brookdale *(Brownsville, Brooklyn)*

Single units:

Max \$29,670 annual income

Harlem *(W. 126th St, Manhattan)*

Single units:

Max \$49,450 annual income

Double units:

Max \$56,500 combined annual income

ENROLLMENT PROCESS

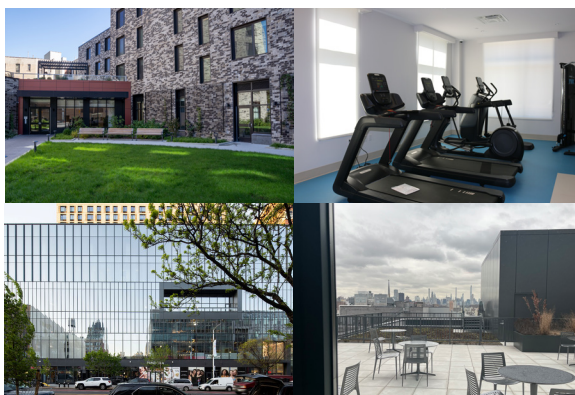
- Selected applicants will be contacted by Foundling staff for an interview, which will explain the program details and expectations.
- Upon entering the program, each person will participate in an assessment where their educational, vocational, and financial goals are defined.
- A transition plan is created, with the goal of each participant completing the program—defined as moving into low-income or market-rate housing—before age 26.
- Once moving into their new apartment, participants attend regular meetings with their coach, an educational and vocational coordinator, and the program supervisor. This helps each person work toward their transitional goals.

HOUSING DETAILS

Participants reside in apartments in our newly-constructed complexes in Brownsville and Central Harlem. Depending on eligibility and availability, each young person will either receive a single or double occupancy unit. (For double occupancy units, each participant will have their own bedroom, and will share the living room, kitchen, and bathroom with another participant in the program.)

All apartments are fully-furnished, and include building amenities such as fitness centers, outside terraces, community rooms, and more. Residents receive an initial welcome package that includes bedding, toiletries, kitchenware, and cleaning supplies.

The Foundling maintains on-site office space to provide resident support.



HOW TO APPLY

Complete our online form or email us at ESSHI@NYFoundling.org.



tinyurl.com/ESSHINYF

PROGRAM BENEFITS

- Affordable subsidized housing: Each month, participants pay 30% of their monthly income for rent, as well as 50% of utilities
- Participants who are unemployed receive coaching and guidance on how to apply for financial assistance and work towards finding employment
- Beautiful newly-built apartments
- Entry into a vibrant community of peers and Foundling staff members, with year-round activities and events to increase unity
- Ongoing guidance on setting personal, academic, and vocational goals
- Financial literacy training to promote responsible and long-term saving strategies
- Referrals for medical and mental health services

“The Foundling saved my life. I would not be where I am now without this program.”

- Gianni C., Program Participant

