



The New York Foundling's Adolescent Mentoring Program

An intensive **strength-based mentoring** program that provides **academic, vocational, and emotional support** to young people who are **at-risk or involved in the justice system**

The New York Foundling's Bronx-based Adolescent Mentoring Program works with young people ages 12-21 to support with academics, provide life skills, prepare for work, and create positive experiences in their communities. Taking a strength-based youth development and leadership approach, the program utilizes intensive mentoring relationships to help young people develop an individual success plan to guide them and their futures - and avoid incarceration or further justice involvement.

The program provides structured mentoring and advocacy, tutoring and homework assistance, college preparation support, and life skills training to participants. Mentors focus on guiding each participant in developing better self-esteem, creating healthy relationships, and making positive life choices. Our team also includes a social worker, who works with the entire family to provide support and connections to community-based interventions.

ELIGIBILITY

- All participants **must reside in the Bronx**, be between **12-21 years old**, and **exhibit one or more of the following concerns**:
 - Pattern of antisocial behavior
 - Association with delinquent & substance-using peers; gang involvement
 - History of multiple arrests
 - Poor school attendance and/or behavioral problems at school
 - History of aggressive behavior
 - Challenging life circumstances, including family history of domestic violence, unemployment, substance abuse, or criminal justice system involvement



CONTACT US:

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646-960-1172

Or scan the QR code to complete our referral form:



HOW IT WORKS

The Adolescent Mentoring Program utilizes a Healthy Youth Development Strength Based Practice. Our model is built around the following core tenets, which have been found to promote success among high-risk populations:

- Individual deep mentoring
- Tutoring and homework assistance
- College prep/workforce development or youth leadership training (depending on age)
- Life skills training
- Youth stipend

Upon enrolling in the program, participants will be matched with a highly-trained mentor, who will meet with them regularly for roughly 6 months (26-30 weeks.)

Using financial incentives to encourage participation, mentors build strong bonds and act as role models, while leading participants in a variety of structured individual and group-based activities that help them set and achieve positive goals.