

WHAT IS HEALTHY FAMILIES STATEN ISLAND?

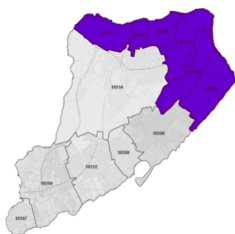
We are a free, voluntary, intensive home visiting program that provides support and information to families beginning prenatally or shortly after the birth of the child. We link families to resources in the community and promote well-baby care.

WHO IS ELIGIBLE:

A family must:

- Be pregnant **OR** have an infant less than 3 months of age
- Live in one of the following zip codes:

10301
10302
10303
10304
10310



I WANT THE PROGRAM! NOW WHAT?

Contact us via phone, email, or online referral to get started!



A Family Resource Specialist will meet in-home to do a complete assessment of family needs and stressors.



A Family Support Specialist will begin initial weekly home visits to address a variety of topics, serving your family from pregnancy to toddler age.



The New York Foundling

Since our bold beginnings in 1869, The New York Foundling has supported hundreds of thousands of our neighbors on their own paths to stability, strength, and independence. With an internationally-recognized and interrelated set of research-backed services, The Foundling works in partnership with children, families, and adults in New York and in Puerto Rico who are working to create transformational change in their own lives.

Contact Us:

1 Edgewater Street, Suite 350
Staten Island, NY 10305

Phone: 347-609-5371
Fax: 917-485-7343

healthyfamiliesstatenisland@NYFoundling.org

Scan the QR Code to submit an online referral:



www.nyfoundling.org | info@nyfoundling.org
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The New York Foundling's Healthy Families Staten Island



**A free home visiting,
community support,
and child development
program for new and
expecting parents**





WHAT CAN HEALTHY FAMILIES STATEN ISLAND DO FOR YOU?

Raising a family and having a child in today's world is a big responsibility. It's not always easy knowing the "right" thing to do as a parent, or who to talk to when things seem overwhelming.

Healthy Families Staten Island is here to support you! We understand that you are your child's first and best teacher, and we want to help you be the best parents you can be.

Our home visiting program provides support and resources for new and expecting parents living on Staten Island's North Shore, helping you meet the challenges of parenting a new child.

BEST OF ALL, WE COME TO YOU!



HEALTHY FAMILIES HELPS PARENTS RIGHT FROM THE START!

The program provides assistance with:



**CHILD
DEVELOPMENT**



**REACHING
EMPLOYMENT &
EDUCATIONAL
GOALS**



**BREASTFEEDING
AND NUTRITION**



**ENHANCING
PARENTING
SKILLS**



**COPING WITH
STRESS**



**TEACHING
THROUGH PLAY**



**ACCESSING
COMMUNITY
RESOURCES**

OUR CURRICULUM AND MODEL

Healthy Families Staten Island uses **Growing Great Kids (GGK) Next Generation Prenatal-36 Months** - a comprehensive parenting, attachment, health/wellness, child development, and family strengthening curriculum.

The primary focus of the curriculum is on fostering the growth of secure attachment relationships and developmentally enriched, empathic parenting that supports families to reduce their stress and build protective buffers for their children.

Areas of focus include:

1. Basic Care
2. Social & Emotional Development
3. Cues & Communication
4. Physical & Cognitive Development
5. Play & Stimulation

HOW IT WORKS

Once enrolled in the program, a Family Resource Specialist will meet with the family to do a complete assessment of needs and stressors. To provide families with the support that they need, our Family Support Specialists will initially meet with families on a weekly basis (4x/month) for hourly home visits. It's important that the visits are consistent to build on the skills and strategies that will strengthen parents.

Families remain in the program until their child turns 5, or when they enter Pre-K or Kindergarten.