The New York Foundling’s family support programs provide in-home services to support families in their communities, promote family stability and well-being, and prevent entry into the foster care system.

Our Preventive Programs address a range of family needs, and our Clinicians and Case Aides work in partnership with families as they make long-lasting and meaningful changes through case management and clinical interventions. In addition, families are supported with assistance securing benefits, locating community resources, and more.

Our Family Assessment Planning (FAP) services are a PINS (Person in Need of Supervision) diversion intervention. A family therapist and an Employment/Education Specialist supports the family with school, employment, and other needs.
Bronx Free Home Based Family Support & Therapy
(Preventive & Family Assessment Planning [FAP] Programs)

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### BRONX-BASED PREVENTIVE PROGRAMS

#### Strengthening our Families
Evidence-Informed Model:
Mobility Mentoring

Provides families with a Coach that connects families to community resources and helps them improve their skills in five areas: family stability, well-being, education/training, career advisement and financial management through goal setting. Families receive incentives for each goal met such as gift cards or movie tickets to support family bonding.

**Ages Served:** Families with children 0-17; up to 21 for youth exiting foster care  
**Frequency & Duration:** 2x monthly for 8-12 months  
**Languages Available:** English & Spanish; interpreter available for other languages

**Contact:**  
Gwendolyn Gonzalez, Assistant Vice President  
929-457-2374 | Gwendolyn.Gonzalez@nyfoundling.org

#### Partners for Change: Deaf Services
Evidence-Based Model:
Functional Family Therapy - Therapeutic Case Management (FFT-TCM)

Provides in-home family therapy and case management support, in American Sign Language, designed to connect family to resources, improve parent-child relationships, resolve behavioral issues, and strengthen family dynamics within families who have at least one Deaf or Hard of Hearing family member.

**Ages Served:** Families with children 0-17; up to 21 for youth exiting foster care  
**Frequency & Duration:** 1x weekly for 5-7 months  
**Languages Available:** American Sign Language (ASL); interpreter available for other languages

**Contact:**  
Kyle Kalski, Assistant Vice President  
646-350-3414 (videophone) | Kyle.Kalski@nyfoundling.org

### BRONX-BASED FAP PROGRAMS

#### Kids Experiencing Young Successes
Evidence-Based Model:
Brief Strategic Family Therapy (BSFT)

Provides families with a Family Therapist and an Employment/Education Specialist to decrease the behaviors of at-risk youth, such as associations with antisocial peers, drug use, and corresponding family challenges.

**Ages Served:** Families with children 10-17  
**Frequency & Duration:** 1x weekly for 3-5 months  
**Languages Available:** English & Spanish only

**Contact:**  
Sarah Alvi, Assistant Vice President  
646-285-7413 | Sarah.Alvi@nyfoundling.org

#### Kids Experiencing Young Successes
Evidence-Based Model:
Multisystemic Therapy - Substance Abuse (MST-SA)

An intensive family & community-based program for youth exhibiting behavioral concerns, including but not limited to substance use. A therapist assesses family/social networks, trains caregivers on giving incentives for positive behavior, and sets the groundwork for long-term change.

**Ages Served:** Families with children 12-17  
**Frequency & Duration:** 2x weekly for 3-4 months  
**Languages Available:** English & Spanish; interpreter available for other languages

**Contact:**  
Kristen Metellus, Assistant Vice President  
646-771-9540 | Kristen.Metellus@NYFoundling.org
Brooklyn Free Home Based Family Support & Therapy
(Preventive & Family Assessment Planning [FAP] Programs)

The New York Foundling’s family support programs provide in-home services to support families in their communities, promote family stability and well-being, and prevent entry into the foster care system.

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BROOKLYN-BASED PREVENTIVE PROGRAMS

**Improving Family Systems**
Evidence-Informed Model:
Brief Strategic Family Therapy (BSFT)

Provides structured family therapy and case management support to decrease the behaviors of at-risk youth, such as associations with antisocial peers, drug use, and corresponding family challenges.

*Ages Served:*
Families with children 6-17; up to 21 for youth exiting foster care

*Frequency & Duration:*
1x weekly for 3-5 months

*Languages Available:*
English, Spanish, and Creole only

*Contact:*
Laura Dubinsky, Assistant Vice President
646-477-3961 | Laura.Dubinsky@NYFoundling.org

**Partners for Change**
Evidence-Based Model:
Functional Family Therapy - Therapeutic Case Management (FFT-TCM)

Provides in-home family therapy and case management support designed to connect families to resources, improve parent-child relationships, resolve behavioral issues, and strengthen family dynamics. The family is assigned a therapist or interventionist, based on the family's need.

*Additional Information:*
Our city-wide FFT-TCM Deaf Services program is available for families that have at least one Deaf or Hard of Hearing member, which includes therapists proficient in American Sign Language and other relevant services and support.

*Ages Served:*
Families with children 0-17; up to 21 for youth exiting foster care

*Frequency & Duration:*
1x weekly for 5-7 months

*Languages Available:*
English, Spanish, Mandarin, Arabic, and American Sign Language (ASL); interpreter available for other languages

*Contact:*
Cali Kosch-Pina, Assistant Vice President
347-306-1165 | Cali.Kosch-Pina@nyfoundling.org

Kyle Kalski, Assistant Vice President, Deaf Services
646-350-3414 (videophone) | Kyle.Kalski@nyfoundling.org

**Kids Experiencing Young Successes**
Evidence-Based Model: Functional Family Therapy (FFT)

Provides in-home family therapy and case management support using a 3 phase approach to address youth behavioral issues and assess the home life, friendships, community, and triggers that may contribute to at-risk behavior.

*Ages Served:*
Families with children 11-17

*Frequency & Duration:*
1x weekly for 4-6 months

*Languages Available:*
English & Spanish; interpreter available for other languages

*Contact:*
Sarah Alvi, Assistant Vice President
646-285-7413 | Sarah.Alvi@nyfoundling.org
Queens Free Home Based Family Support & Therapy  
(Preventive Programs)

The New York Foundling’s family support programs provide in-home services to support families in their communities, promote family stability and well-being, and prevent entry into the foster care system.

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### QUEENS-BASED PREVENTIVE PROGRAMS

<table>
<thead>
<tr>
<th>Program</th>
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<th>Frequency &amp; Duration</th>
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<th>Contact</th>
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| **Strengthening, Teaching, and Educating People Through Support**     | Evidence-Based Model: Functional Family Therapy (FFT) Provides in-home family therapy and case management support designed to improve parent-child relationships, resolve behavioral issues and strengthen family dynamics. | Families with children 11-17; up to 21 for youth exiting foster care | 1x weekly for 3-5 months | English and Spanish, interpreter available for other languages | Sarah Edelman, Assistant Vice President  
646-584-6345 | Sarah.Edelman@nyfoundling.org |
| **Partners for Change**                                                | Evidence-Based Model: Functional Family Therapy - Therapeutic Case Management (FFT-TCM) Provides in-home family therapy and case management support designed to connect families to resources, improve parent-child relationships, resolve behavioral issues, and strengthen family dynamics. The family is assigned a therapist or interventionist, based on the family's need. | Families with children 0-17; up to 21 for youth exiting foster care | 1x weekly for 5-7 months | English, Spanish, Hindu, and American Sign Language (ASL); interpreter available for other languages | Kyle Kalski, Assistant Vice President  
646-350-3414 (videophone) | Kyle.Kalski@nyfoundling.org |
| **Families are Stronger Together**                                     | Evidence-Based Model: Multisystemic Therapy Prevention (MST-PRV) Provides in-home/community family therapy, assisting caregivers in helping their children live safely in the community, attend school and achieve vocational goals, and develop prosocial behaviors. | Families with children 10-17 | 2x weekly for 4-8 months | English; interpreter available for other languages         | Heidi Lynch, Assistant Vice President  
646-823-1316 | Heidi.Lynch@nyfoundling.org |
The New York Foundling's family support programs provide in-home services to support families in their communities, promote family stability and well-being, and prevent entry into the foster care system.

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<tr>
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<td><strong>Ages Served:</strong> Families with children 10-17</td>
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<tr>
<td>Assistant Vice President</td>
<td>646-285-7413</td>
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</tbody>
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| **Partners for Change: Deaf Services** | **Families are Stronger Together** |
| Evidence-Based Model: Functional Family Therapy - Therapeutic Case Management (FFT-TCM) | Evidence-Based Model: Multisystemic Therapy Prevention (MST-PRV) |
| Provides in-home family therapy and case management support, in American Sign Language, designed to connect family to resources, improve parent-child relationships, resolve behavioral issues, and strengthen family dynamics within families who have at least one Deaf or Hard of Hearing family member. | Provides in-home/community family therapy, assisting caregivers in helping their children live safely in the community, attend school and achieve prosocial vocational goals, and develop prosocial behaviors. |
| **Ages Served:** Families with children 0-17; up to 21 for youth exiting foster care | **Ages Served:** Families with children 10-17 |
| **Frequency & Duration:** 1x weekly for 5-7 months | **Frequency & Duration:** 2x weekly for 4-8 months |
| **Languages Available:** American Sign Language (ASL); interpreter available for other languages | **Languages Available:** English; interpreter available for other languages |
| **Contact:** Kyle Kalski | **Contact:** Tiffany Wisor |
| Assistant Vice President | Assistant Vice President |
| 646-350-3414 (videophone) | 929-637-6311 |
| Kyle.Kalski@nyfoundling.org | Tiffany.Wisor@nyfoundling.org |