

### The New York Foundling's Strong Families and Communities Training Center

Since our bold beginnings in 1869, The New York Foundling has supported hundreds of thousands of our neighbors on their own paths to stability, strength, and independence. Our Stronger Families and Communities Training Center was established in October 2021 to improve training modules and resources for mental health professionals, peer advisors, and community members across New York City. The center incorporates evidence-based models to better support advocates and social service professionals in addressing the needs of their communities

#### The New York Foundling

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The New York Foundling's

# Community Coalitions

Through The Strong Families and Communities Training Center



Using the Communities that Care model to improve life outcomes for youth and families across New York City.





#### **ABOUT THE PROGRAM**

The New York Foundling's Strong Families and Communities Training Center works with a diverse coalition of community leaders and partner organizations within all five boroughs of New York City to create long-lasting community change.

The Communities That Care model is an evidence-based methodology that has proven to increase access to medical and mental health care, demonstrate higher rates of academic success, reduce violence and substance use, and more.

Drawing on our 150-year track record of success and expertise, The Foundling maintains a leadership role in partnering with other organizations and neighborhood leaders: from creating and maintaining the

coalition, planning with coalition partners,

and providing ongoing support for

members of the community.

#### **HOW IT WORKS**

- We engage community leaders to join a coalition in their neighborhood
- Surveys are distributed among youth in the community
- The Founding meets with coalition members to analyze survey outcomes and develop a plan of action to best support our youth and improve those outcomes

#### **OUR GUIDING PRINCIPLES**

- Locally owned and operated
- Decisions are made from local data to address community needs
- Data driven and outcome-focused
- Data is used to set goals and measure progress
- Addresses the underlying causes of youth health and behavior problems
- Uses proven programs matched to local priorities
- Cost effective

#### **GET INVOLVED WITH US**

We are looking for businesses, nonprofit organizations, medical and mental health providers, schools, nonprofits, and community members to join our network! Help us make an impact and create positive change for young people and families in our neighborhood.

## STUDIES HAVE SHOWN THAT YOUNG PEOPLE IN CTC NEIGHBORHOODS ARE:

37% Less likely to binge drink

**33%** Less likely to start smoking cigarettes

25% Less likely to start engaging in delinquent behavior