

The New York Foundling

Since our bold beginnings in 1869, The New York Foundling has supported hundreds of thousands of our neighbors on their own paths to stability, strength, and independence. With an internationally-recognized and interrelated set of research-backed services, The Foundling works in partnership with children, families, and adults in New York and Puerto Rico who are working to create transformational change in their own lives.

MAKE AN APPOINTMENT

Visit us 10 a.m.- 6 p.m. Monday-Friday.
(6-8 p.m. sessions are available Monday-Thursday by appointment.)

Our clinic is conveniently located near public transportation.

We accept Medicaid and a variety of other insurances. No one will be denied access to services due to their inability to pay; a discounted sliding fee schedule based on family size and income is available to all patients.

The New York Foundling's Home of Integrated Behavioral Health

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New York, NY 10029

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The New York Foundling's Home of Integrated Behavioral Health



**A safe space for
children and families
to find mental health
services, treatment,
and support.**





The Foundling's clinic at 109 East 115 Street

Having difficulties at home? You don't have to go through it alone.

At The New York Foundling's Home of Integrated Behavioral Health, children and families can find a wide range of services to aid in struggles with:

- Academic Challenges
- Defiant Behavior
- School Attendance
- Traumatic Life Events
- Violence and Aggression

Through professional support and using research-based approaches to care, families can work toward healthier lives, stronger relationships, and long-term success.

WHO WE SERVE



The New York Foundling's Home of Integrated Behavioral Health, serving East Harlem and the surrounding communities, proudly assists children 18 and under and their families.

We accept referrals from school counselors, court services, foster care providers, community agencies, and walk-ins.

WHAT WE DO

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

A joint child-and-parent approach for children and adolescents experiencing significant emotional and behavioral difficulties related to traumatic life events.

Cognitive Processing Therapy (CPT)

An evidence-based individual therapy that provides tools for older adolescents and adults to overcome traumatic experiences.

Identity & Acceptance Program (I&A)

An array of clinical services for LGBTQIA+ youth and their families, including individual, group, and family therapy.

Circle of Security Parenting (COSP)

A group space to support and strengthen secure caregiver/child relationships.

Psychiatric Evaluations and Medication Monitoring

Comprehensive assessments to explore potential diagnosis and treatment options, as well as ongoing medication management for youth enrolled at the clinic.

Plus, linkages to other Evidence-Based Therapies and social services through The Foundling's vast network of resources and programs.