

## ABOUT THE FOUNDLING'S SUPPORTIVE HOUSING PROGRAM

When young people age out of foster care in New York City, many face obstacles finding housing, securing employment, completing school, and having a support system to guide them forward. Young adults living in homeless shelters often encounter similar difficulties.

The Foundling's Supportive Housing Program creates positive pathways for young adults by providing safe and stable housing accommodations that offers the guidance, mentorship, and support to thrive and work toward long-term independence and success.

Participants are housed in affordable and fully furnished apartments throughout Brooklyn and are paired with Foundling staff who provide guidance in setting and achieving financial, academic, and vocational goals. Young people enjoy a vibrant and uplifting community of peers, and are assisted by The Foundling as they achieve the independence to fully transition into the community.

*"Transitioning out of foster care was an opportunity to show how independent I've always been. The Foundling's Supportive Housing program offered a strong foundation to achieve my goals."*

- Denisha S., Program Participant



### The New York Foundling

Since our bold beginnings in 1869, The New York Foundling has supported hundreds of thousands of our neighbors on their own paths to stability, strength, and independence. With an internationally-recognized and interrelated set of research-backed services, The Foundling works in partnership with children, families, and adults in New York and in Puerto Rico who are working to create transformational change in their own lives.



### The New York Foundling

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## The New York Foundling's Supportive Housing Program



Offering pathways to **independence to young people** aging out of foster care or experiencing homelessness.



## ELIGIBILITY REQUIREMENTS

The New York Foundling's Supportive Housing Program is available to young adults ages 18-26 who are currently in the foster care system, have recently been discharged from their foster care agency, are living in a homeless shelter, or do not have stable or safe housing in place.

## APPLICATION AND ENROLLMENT PROCESS

- Young adults in foster care should contact their current or former foster care agency to apply. Young adults who are experiencing homelessness should apply through the case manager in the shelter they are residing.
- Selected applicants will be contacted by Foundling staff for an interview, which will explain the program details and expectations.
- Upon entering the program, each person will participate in an assessment where their educational, vocational, and financial goals are defined.
- A transition plan is created, with the goal of each participant completing the program—defined as moving into low-income or market-rate housing—before age 26.
- Once moving into their new apartment, participants attend regular meetings with their coach, an educational and vocational coordinator, and the program supervisor. This helps each person work toward their transitional goals.

## HOUSING DETAILS

Participants reside in 2-bedroom apartments in Brooklyn neighborhoods: Crown Heights, Flatbush, or Brownsville. Each young person receives their own bedroom, and will share the living room, kitchen, and bathroom with another participant in the program. All apartments are fully-furnished, and residents receive an initial welcome package that includes bedding, toiletries, kitchenware, and cleaning supplies.

Participants who are unemployed receive coaching and guidance on how to apply for financial assistance and work towards finding employment.



*"The Foundling saved my life. I would not be where I am now without this program."*

- Gianni C., Program Participant

## PROGRAM BENEFITS

- Affordable subsidized housing that is capped at \$215 a month, providing young people with the opportunity to save for their future.
- Entry into a vibrant community of peers and Foundling staff members, with year-round activities and events to increase unity.
- Ongoing guidance on setting personal, academic, and vocational goals.
- Financial literacy training to promote responsible and long-term saving strategies.
- Referrals for medical and mental health services.

**In partnership with Foundling staff, 95% of program participants successfully transition to independent homes within 2 years.**

