

**“The Foundling’s School Based Mental Health program has been an outstanding service and support system for helping our school meet the social-emotional needs of our students and families.”**

*- Sean Dolcy, Assistant Principal,  
High School for Math,  
Science and Engineering*

### **The New York Foundling School Based Mental Health Services**

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## **The New York Foundling’s School Based Mental Health Services**



**Providing students,  
families, and entire  
school communities  
with **supportive mental  
health services** within  
all five boroughs of  
New York City.**



## WHAT WE DO

The New York Foundling offers in-school, on-site mental health support to public school students Pre-K through 12, their families, and entire school communities. Since 2015, our School Based Mental Health Team has been working hand-in-hand with school staff to provide effective, evidence-based services constructed on the school community's needs throughout the school year and summer.



Our experts identify and assist students and families in need of support with the following issues:

- Aggression
- Anxiety
- Behavioral and educational challenges
- Bullying and peer conflict
- Depression
- Emotional distress
- Recent trauma or life change
- Self-harm
- Suicidal ideation or intent
- Suspected or confirmed substance abuse

Or any other concern identified by the school, parents, or student.

## SERVICES WE PROVIDE

Our year-round services include:

- Access to Psychiatric Services and Consultation
- Assessments
- Case Management Support
- Crisis Intervention
- Evidence-Based Student and Parent Groups
- School-wide Mental Health Consultancy
- Short-term Individual, Family, and Group Counseling
- Staff Consultation and Professional Development
- Student, Faculty, and Parent Workshops

Plus linkages to other evidence-based therapies and social services through The Foundling's vast network of resources and programs.

We will help you determine what types of services can support your students, families, and school. We are able to customize a menu of services to meet your needs.



**Since the start of the program, we have reached 3,262 students at schools in New York City.**