

The New York Foundling

Since our bold beginnings in 1869, The New York Foundling has supported hundreds of thousands of our neighbors on their own paths to stability, strength, and independence. With an internationally-recognized and interrelated set of research-backed services, The Foundling works in partnership with children, families, and adults in New York and Puerto Rico who are working to create transformational change in their own lives.

MAKE AN APPOINTMENT

Visit us 9 a.m.- 6 p.m. Monday-Friday.

Our clinic is conveniently located near public transportation.

We accept Medicaid and a variety of other insurances. Payments can be made on a sliding scale.

The New York Foundling's Home of Integrated Behavioral Health

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New York, NY 10029

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www.nyfoundling.org

Follow us at @TheNYFoundling



The New York Foundling's Home of Integrated Behavioral Health



**A safe space for
children and families
to find mental health
services, treatment,
and support.**





Having difficulties at home? You don't have to go through it alone.

At The New York Foundling's Home of Integrated Behavioral Health, children and families can find a wide range of services to aid in struggles with:

- Academic Challenges
- Defiant Behavior
- School Attendance
- Substance Abuse
- Traumatic Life Events
- Violence and Aggression

Through professional support and using research-based approaches to care, families can work toward healthier lives, stronger relationships and long-term success.

WHO WE SERVE



The New York Foundling's Home of Integrated Behavioral Health, serving East Harlem and the surrounding communities, proudly assists children 18 and under and their families.

We accept referrals from school counselors, court services, foster care providers, community agencies, and walk-ins.

WHAT WE DO

Brief Strategic Family Therapy

Provides families with youth ages 6 to 18 year old with the tools to overcome individual and family risk factors through focused interventions and skill-building strategies.

Trauma-Focused Cognitive Behavioral Therapy

A joint child-and-parent approach for children and adolescents experiencing significant emotional and behavioral difficulties related to traumatic life events.

Communities That Care (CTC)

A community-based prevention system proven to reduce youth health and behavioral problems community wide.

Psychiatric Evaluations and Medication Monitoring

Plus, linkages to other Evidence-Based Therapies and social services through The Foundling's vast network of resources and programs.