



ACHIEVEMENTS AND ACCOLADES

- Over 2,630 families have benefited from the KEYS program since it launched in 2010.
- In 2017, as a result of strong performance and success, this program expanded its capacity by 26%.

Both of the intervention models used in the KEYS program (Functional Family Therapy and Multisystemic Therapy) are proven and empirically validated treatment methods that reduce violent crime, aggression, delinquency, and substance abuse by adolescents.

The KEYS Program values community, both with our families and in our workplace. We are committed to serving our families with honesty and persistence, and to actively promoting social justice. In working with families, we promise to respect them and to advocate for their rights and wellbeing.



The New York Foundling

Since our bold beginnings in 1869, The New York Foundling has supported hundreds of thousands of our neighbors on their own paths to stability, strength, and independence. With an internationally-recognized and interrelated set of research-backed services, The Foundling works in partnership with children, families, and adults in New York and in Puerto Rico who are working to create transformational change in their own lives.

The New York Foundling's KEYS Program

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The New York Foundling's Program for Kids Experiencing Young Successes (KEYS)



An evidence-based, family-oriented program that works to prevent teenagers from entering the juvenile justice system or long-term foster care placement.





EMPOWERING FAMILIES: A SUCCESS STORY

When one mother noticed that her son's school absences were unexplained, that he was staying out late with friends, and was not acting like himself—she knew it was a sign to get help.

She had heard that The Foundling offered in-home family therapy, and hoped that these services could get her teenager back on track.

The KEYS team worked to empower her family to make dramatic changes and create long-term goals. In just a few months, the impact was strikingly clear.

Thanks to KEYS' support and intervention, her son—who is attending a new school, pursuing healthy hobbies, and strengthening positive relationships—is now on a trajectory for success.

KIDS EXPERIENCING YOUNG SUCCESSES (KEYS): HOW IT WORKS

When teenagers skip school, abuse drugs and alcohol, become aggressive towards friends and family, and spend long periods of time away from home, it may be a sign that the family needs support, guidance, and targeted help to get back on track.

Depending on each family's unique needs, The Foundling's team of expert staff identify an evidence-based model to use with the family (Functional Family Therapy or Multisystemic Therapy) for a short period of time, averaging 4 months. Families will meet with their therapist once or twice a week on average, at a time convenient to them, and in their home. As an added benefit and layer of support, therapists are also available on call 24 hours a day, 7 days a week.

The Foundling's team works with the entire family to assess the young person's home life, friends, and community, and identifies factors that may contribute to at-risk behavior. The entire family learns how to better support their loved one's needs, and how to work together to promote positive changes and create a plan for long-term success.

BENEFITS OF SERVICES

- Free weekly services for the whole family.
- Convenient in-home sessions, scheduled around the household's availability and needs.
- Additional support provided via phone.

FAMILY ELIGIBILITY

- Family must include a young person between 11-17 years old who is exhibiting behavioral concerns (truancy, verbal/physical aggression, drug use, etc.)
- Live in Manhattan, Brooklyn, or the Bronx.
- Not have an open case with the Administration of Children's Services.

GETTING STARTED

- Contact The Foundling and ask to be connected with the KEYS program. A staff member will explain the process and will access your family's eligibility for the program.
- Parents must visit their borough's Family Assistance Program (FAP) office to enroll. ***FAP is a division of ACS, but participation is completely voluntary and will not result in further ACS involvement or investigation.***
- Depending on the needs of the family and initial assessments, FAP will determine appropriate service for the family through the KEYS program.
- Treatment sessions are provided in the home, scheduled at convenient times for the entire family.